

Theme	Task	Activities	Who?	Outcomes	When?
1.Ensure that users and carers are at the heart of what we do	Secure strong lively Executive Committee with at least a third of members drawn from service users and carers	<ul style="list-style-type: none"> Criteria set for EC membership User/carer places agreed 	Co Chairs	User/carer influence safeguarded on EC	April 2007
	Ensure website, consultations and study days are geared to user priorities	<ul style="list-style-type: none"> Commission relevant materials for users on website Encourage feedback from users 	RG/JH RG/JH	Ten percent increase in number of service users and carers actively involved in SPN (measured at end of year against April 07 baseline)	Throughout year
	Maintain 25% participation from carers and users in Study Days	<ul style="list-style-type: none"> Negotiate users/carer representation with Study Day partners Ensure free attendance and subsidised travel for survivors up to 25% target 	All All		
	Encourage research group to bid for user-led research projects	Discuss survivor initiatives and priorities in SPN's Research Group	VN	User led projects secured	March 2008
	Secure recognition of recovery as a user-led and user-defined process	<ul style="list-style-type: none"> Comment on SCIE/CSIP/RCPsych paper Produce SPN Paper on Recovery Use platform of user conference in September to secure support 	VN/TB VN VN/RG	DH endorsement of recovery as user-led process	By early 2008
2. Promote awareness of the influence of social factors in mental well being	Use Our Health, Our Care, Our Say to encourage broad view of prevention	Quote from White Paper in articles/lobbying/website	All	Social factors recognised in implementation programmes for OHOCOS	Throughout year
	Develop checklist for healthy communities which support people in mental distress	<ul style="list-style-type: none"> Disseminate experience of East Dorset MIND (regeneration, healthy living centres) Design and 'road test' checklist for community engagement Publish checklist and recommendations 	Team	Healthy Communities approach adopted more widely	May/June 07 Summer 07 Nov 07 2008/2009

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	Ensure Incapacity Benefit Reforms do not stigmatise people with mental health problems	<ul style="list-style-type: none"> Monitor plans for changes to Personal Capability assessment and evaluation of pilots Lobby DWP and MPs as required 	TB/RG RG	New system is flexible in response to fluctuations of mood	2008
Promote awareness of the influence of social factors in mental well being	Work with National Social Inclusion Programme on individual budgets to maximise flexibility	<ul style="list-style-type: none"> Publicise successes of delegation of budgets on website Discuss joint work with NSIP 	RG	Extension of individual budgets	March 2008
	Use remodelling of Care Programme Approach to stress importance of social care and environmental influences on mental health	<ul style="list-style-type: none"> Respond to reworking of CPA Lobby DH to ensure social factors built into care planning 	TB	Safeguards achieved for current service users	December 2007
	Develop focus on needs of very marginalised groups	Suggest areas on website and seek member views on priorities, eg women in secure settings, including prison, asylum seekers and refugees, BME census findings, personality disorders	All	Marginalised groups needs publicised	Throughout year
3. Champion the place of social care in mental health	Promote New Ways of Working final report	<ul style="list-style-type: none"> Publicise on website Articles for relevant publications 	TB	Website coverage and two other articles placed	April/May 2007
	Campaign for career grade social worker in mental health	Use NWW report as basis for meetings with NHS/Confed/BASW	All	Wider support for career grade	December 2007
	Engage with NHS Confederation and Mental Health Trusts on Foundation Trusts to secure social care place at Board level	<ul style="list-style-type: none"> Use NWW report as basis for development of case for Board level representation Secure meeting with NHS Confed 	Exec Committee	NHS Confed recommend social care place at Board level	Early 2008
	Stress social care role in lobbying on Mental Health	Mention social care independence in all lobbying/briefings of MPs	All	Social care workforce identifies SPN as champion of social care	March 2008
	Support emergent Mental Health	<ul style="list-style-type: none"> Circulate paper on future of forum 	TB	Strengthened voice for social	Throughout year



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	social work and social care forum	<ul style="list-style-type: none"> Active role in deliberations 	Co Chair/TB	care in mental health	
4. Develop knowledge base of social care in mental health	Contribute to SCIE Knowledge Reviews directly or in partnership	<ul style="list-style-type: none"> Review select list for potential partners If selected, organise meeting of key players 	All	SPN seen as relevant player in mental health research community	Throughout year
	Increase SPN profile on Mental Health Research Network	<ul style="list-style-type: none"> SPN presence at NIMHE Research Hub events and national research conferences Liaise with social care leads from Research Hubs Liaise with SURGE/Service User Research Group in England 	VN (+JT and NG)	SPN seen as relevant player in mental health research community	Throughout year
	Support services users/carers and practitioners in identifying other research priorities and developing these as research proposals eg <ul style="list-style-type: none"> 'Strategies for Living with Early Parenthood' including postnatal depression and issues for Asian Women Role of loss in mental health 	<ul style="list-style-type: none"> Take ideas to research group and consult on feasibility, desirability, ways to take forward Investigate current research and look for gaps/needs relevant to social care Liaise with charitable bodies and other potential funders of small scale research projects Work up potential research proposals for funding Link in recovery work 	VN SPN	Projects secured and initiated	March 2008
	Plan study days to promote knowledge development on: <ul style="list-style-type: none"> Needs of black and minority ethnic elders Personality Disorders including self harm Integration revisited Lesbian/gay transgender issues What works in prevention 	<ul style="list-style-type: none"> Planned with Age Concern London and Race on the Agenda Develop Programme/look for partners Develop programme/?link with social work and social care mental health forum Link with current DH group on joint study day Develop programme/build on healthy 	TB VN TB RG VN/RG	4 study days held in 2007/2008 and resultant publications	Programme throughout the year

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	<ul style="list-style-type: none"> Dual Diagnosis 	<ul style="list-style-type: none"> communities work Develop programme linked to Parental Mental Health Network 	TB/VN		
	Secure recognition of recovery as a user led and user-defined process	<ul style="list-style-type: none"> Comment on SCIE/CSIP/RCPsych paper Produce SPN Paper on Recovery Use platform of user conference in September to secure support 	VN/TB VN VN/RG		
	Use website and PDFs to disseminate material	Discuss with Executive Committee PDFs adopted	TB JH		April 07 April 07
5. Develop Parental Mental Health and Child Welfare Network	Strengthen membership base of network	<ul style="list-style-type: none"> Discuss with Steering Group Circulate questionnaire to sample of membership to get views Consider subscription in light of responses 	VN/TB VN/JH VN/JH	Successful lively network with committed membership and increasing influence on policy and practice	April 2007 May 2007 June 2007
	Hold relevant and self funding study days	<ul style="list-style-type: none"> Discuss with steering group Agree priority topics Establish planning group Hold Study Days autumn 2007 and spring 2008 	VN/TB VN VN All		April 2007 May 2007 June 2007 October 2007 and March 2008
	Enliven website for network and maximise usefulness to network members	<ul style="list-style-type: none"> Consider web-based discussion groups on topics Explore creation of searchable database for good practice examples 	VN/JH JH		June 2007 Summer 2007
	Secure maximum synergy with SPN activities	Identify study day topics relevant for SPN interests	All		Throughout year
	Secure place for PMHCWN in relevant policy discussions	Use website to secure member views on consultation papers, draft policy comments etc	VN/JH		Throughout year
	Seek grant funding support for aspects of PMHCWN work	<ul style="list-style-type: none"> Identify relevant trusts Prepare grant applications 	VN/TB		April/June 2007



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		<ul style="list-style-type: none"> Develop links with safeguarding leads and DfES 			
6. Secure funding base of SPN	Seek commissions for papers/training/reviews	<ul style="list-style-type: none"> Identify possible commissioning bodies Develop funding strategy for post-CSIP 08/09 	TB	Core grant from National Institute for Mental Health constitutes no more than two thirds of income in 2007/8 (excluding carry forward) against 85% in 2005/6	
	Seek grants from Trusts for specific project areas	<ul style="list-style-type: none"> Develop funding submissions for relevant activity Explore Comic Relief Funding 	All RG		
	Work in partnership with others where possible and appropriate	Look at all activities with view to co-funding of work	All		
	Use available resources effectively	<ul style="list-style-type: none"> Review publications activity and storage costs Assess cost-benefit of conference attendance 	All		